

In order to avoid disappointment, when planning to enjoy this Walks with Taste experience, it is recommended that you check opening times and availability of the venue in advance.



**3 Millstones Inn, Waddington Road, West Bradford, Clitheroe, Lancashire, BB7 4SX**  
**Tel: 01200 443339**

The 3 Millstones is also available for small functions up to 60 people. You can enjoy having the whole restaurant to yourselves for christenings, birthdays or even an intimate wedding breakfast and with the added bonus of having 10 luxury rooms for you and your guests to stay.

We understand that all customers' needs are different; if you do have any dietary requests, all you have to do is ask and we will try to meet your needs as best we can.

All of the food at the restaurant is locally sourced and prepared using local ingredients from local suppliers, Matthew works hard and ensures all food that leaves his kitchen is the very best.

We pride ourselves on providing a full dining experience from our experienced waiters and waitresses, beautifully cooked and presented food and an excellent selection of beers, ales, and wines. With the addition of our beautiful bedrooms to finish off your stay.

The 3 Millstones is a small but perfectly formed restaurant which offers a warm, welcoming atmosphere that will make you feel right at home.

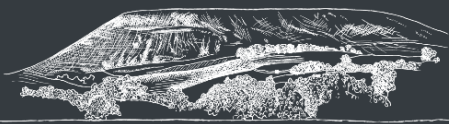
## THE 3 MILLSTONES

AMBLE THE BANKS OF A QUIET RIVER AND PEACEFUL VILLAGES

# WALKS with Taste in Ribble Valley



WALKS WITH TASTE SPONSOR



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## ON THIS WALK WITH TASTE

Amble along the well-trodden banks of the Ribble admiring this remarkably quiet section of a hidden industrial quarry.

### PARKING

Millstones Inn, Waddington Road, West Bradford, Clitheroe BB7 4SX

### MAPPING

Grid Reference SD 74257 44442  
OS Explorer OL41,  
OS Landranger 103

Discover more Walks with Taste at  
[www.visitribblevalley.co.uk](http://www.visitribblevalley.co.uk)

 Love Ribble Valley



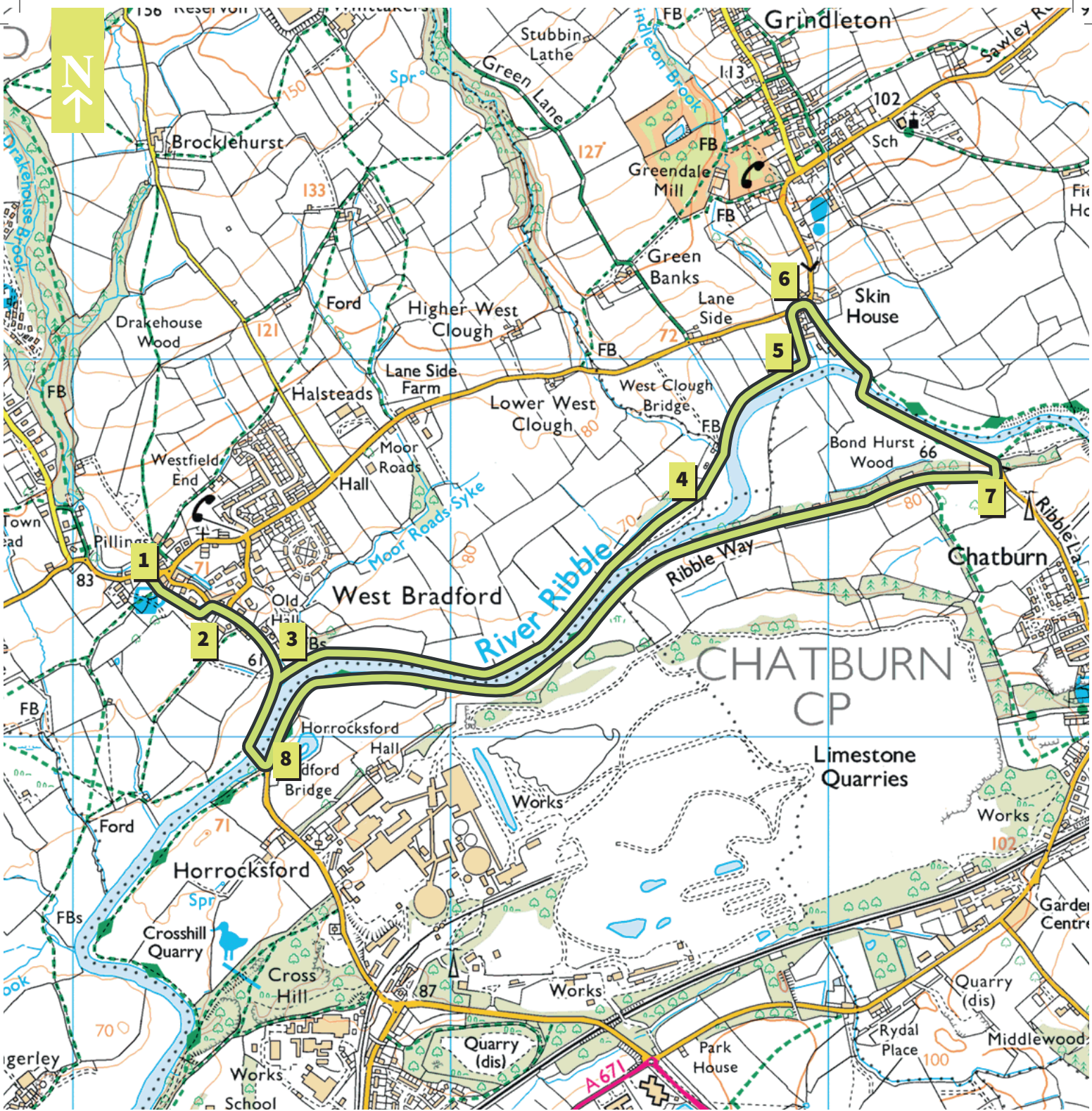
Ribble Valley  
Borough Council  
[www.ribblevalley.gov.uk](http://www.ribblevalley.gov.uk)

**Distance:** 4 miles  
**Time:** 1.5hrs  
**Easy-moderate:** Easy, mainly flat surfaces with gentle inclines along well-trodden paths

THREE MILLSTONES INN







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1. Leaving the Three Millstones car park bear right and walk downhill from the Inn for about 20 metres until you come to the footpath on the right, taking you along the stream behind some houses.
2. Towards the end of the footpath, you will pass through a small close with a stone wall and a Victorian style lamppost in some shrubbery. Head towards the lamppost and just beyond, when you reach the road, turn right.
3. Continue along this road until you get to the river wall, where you will find a kissing gate to your left, just before the wall starts. Take this gate and follow the path heading left, where you will follow the footpath upstream along the River Ribble.
4. Continue along the riverside path, which veers away from the river at a bend, taking you left and to a concrete bridge. Cross the bridge and instead of following the track to your left, continue right, keeping the boundary of the field to your right, towards the footbridge.
5. Cross the footbridge and continue along the bank of the river and when you come to the row of old beech trees along a small ridge, take the footpath at the end of the row, skirting past some houses to join the road.



This route has been described on a certain date in time, and it is possible that certain physical changes may occur over time. In particular, old stiles may be changed for gates.

6. At the road bear right across the iron bridge over the River Ribble and follow the road round to the left, joining the footpath behind the wall running adjacent to the road,
7. Climb up the steps to your right alongside the road, and then cross the road through the gate on your right taking care to look both ways for traffic. Once over the road, head right and follow the path, keeping the hedgerow to your right.
8. Follow the riverside path all the way back downstream passing various kissing gates, until you reach the next road bridge. Go through the kissing gate and turn right to cross the bridge heading back towards West Bradford following the road until you reach Mill Street where you take a left to retrace your steps along the footpath and back to the Three Millstones.

